



*We Know*

## UGANDA

Uganda enchants with its lush forests, shimmering lakes, and abundant wildlife, offering unforgettable encounters with mountain gorillas, tree-climbing lions, and vibrant local culture. From the snow-capped Rwenzori Mountains to the source of the Nile, every corner reveals a new adventure.

# UGANDA

## *Useful Information*

Often described as the “Pearl of Africa”, Uganda is the true birthplace of the Nile, where the great river spills out of Lake Victoria and starts its long journey to the Mediterranean Sea. The Republic of Uganda is a landlocked country in East Africa, bordered on the east by Kenya, the north by Sudan, on the west by the Democratic Republic of Congo, on the southwest by Rwanda and on the south by Tanzania. This lush tropical land has access to several large bodies of freshwater. Strung like a necklace around its borders are some of the continent’s greatest geographical landmarks and celebrated as much for fine scenery as for its abundant wildlife.

### **CLIMATE**

Uganda is tropical and the climate differs between parts of the country. Most of Uganda is fairly flat with mountains only in the extreme east, extreme west and close to the border with Rwanda. The bulk of the country enjoys the tropical climate with temperatures averaging around 84°F during the day and 65°F at night. The hottest months are December to February with daytime average at 88°F. The rainy seasons are March to May and October to November, the wettest month being April. It rains for an hour during the rainy season and the rest of the day is clear and sunny.

### **CURRENCY & CREDIT CARDS**

The unit of currency is the Ugandan Shilling. It is advisable to carry U.S. dollars. Cash can be changed for local currency at banks and private bureaux de change in all large towns. For

exchange rates, Kampala, Uganda’s capital, is the best place to change money. American Express, Diners, MasterCard and Visa Credit cards are accepted in some major hotels and restaurants and shops in urban areas. NOTE: If carrying cash, take only recently minted U.S. currency.

### **SHOPPING HOURS**

Shopping hours are generally Monday through Friday 10:00AM to 6:00PM. Shops have limited hours on Saturdays and are closed on Sundays.

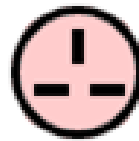
### **LANGUAGE**

The official language is English and you will find most people can speak it. The other major languages are Luganda and Swahili although the latter is not spoken much in Kampala.

### **VOLTAGE**

240 Volts, 50 cycles AC – Three Pin Square Sockets

### **ELECTRICAL PLUGS**



240 Volts, 50Hz



## PHOTOGRAPHY

Visitors should respect the outlook of the local people towards photography and only use cameras if they have permission from the person or people the picture is being taken. Never try to “steal” a photo against the will of the person concerned. Let your tour guide or escort help you negotiate terms before you start shooting! If you take a picture of someone, you might offer to send them a copy. The Ugandan people are very friendly people and take pride in any picture you might send them. It is also against the law to take photographs of border posts, persons in uniform, and of course, military installations.

Bring plenty of memory cards and batteries with you. If you are gorilla trekking, flash photography is not allowed, as it is often very dark in the jungle where they live. Personal video recorders are allowed. Make sure you have a spare battery or two, fully charged, to be able to cover the trek and watch the gorillas. **NO FLASH OR VIDEO LIGHTS ARE ALLOWED**